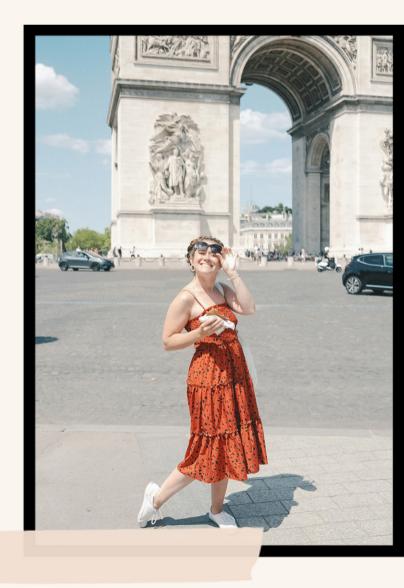


WELCOME TO THE ULTIMATE PACKING GUIDE

by Emily Reedstrom Photography

This guide has been designed for travelers who want to pack light, but effectively. For those who want to look chic as you travel, but don't want to pack your whole wardrobe.

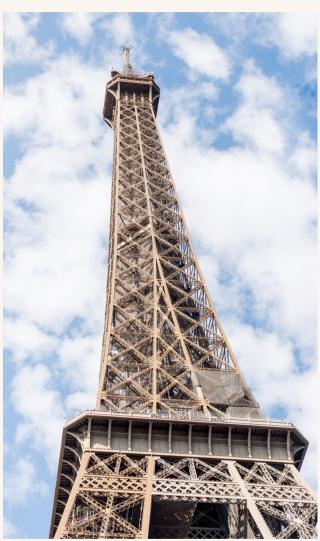
Emily is a seasoned traveler, having spent her entire life traveling the world. After living in Italy for three years, her love of Europe and her passion for wedding photography merged into a destination photography business bringing her to photograph weddings in France, Italy, Mexico and all over the United States.



THEULTIMATE

PACKING LIST FOR EUROPE







WHAT YOU'LL NEED FOR 7-10

DAYS TRAVELING ABROAD

Enily Leedstron

(C) EMILY REEDSTROM PHOTOGRAPHY



THE ESSENTIALS

1- 2 long sleeve shirts (depending on season)
3 tshirts
1 sweater / sweatshirt
1 waterproof jacket
2-3 bottoms (depending on season)
2 dresses / skirts
10 underware
6 socks
1 pair of pajamas

TOILETRIES

one travel outfit

2-3 bras

toothbrush, toothpaste, floss
hair brush + hair ties
deodorant
shampoo + conditioner
sunscreen
face wash + skin care
razor
nail clippers or nail file

glasses, contacts + contact solution

CARRY ON

Headphones + any adapter needed
 blanket + neck pillow
 eye mask
 book / magazine / activity
 water bottle + snacks
 chapstick
 skin care routine
 toothbrush + toothpaste
 facemask

IMPORTANT DOCUMENTS

Passport / visas
ID
Vaccination information
Travel Adapter
First Aid kit
Cash
Credit card
Reservations / itineraries



EXTRA GOODIES

1-2 swimsuitssunglassesumbrellacamerajewelry

ELECTRONICS

Phone
portable charger
charger
plug adapters

The trick to packing light is to pack clothing that all matches with each other. Find your favorite color theme and stick to it, that way you can wear the same pieces multiple times in different ways.

Example: jeans and a white T-shirt (jeans can be worn with sweaters, T-shirt can be worn with skirt or dress).

Bonus tips:

- only pack favorite items
- try to avoid packing things you haven't worn
- roll your clothes or use packing cubes
- make a list on your phone of which outfits you want to wear on which days.
- wear your heaviest shoes on the plane
- bring an extra bag (canvas tote) for your souvenirs.

thank-you

emily reedstrom photography

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